



High School 101 Summary

Graduation Requirements:

- Minimum of **100 credits**
- **English 30-1 or 30-2**
- **Social Studies 30-1 or 30-2**
- 10 additional credits at the 30-level (besides English & Social)
- A 20-level **Math course** (20-1, 20-2, or 20-3)
- A 20-level **Science course**
- **Physical Education 10**
- **CALM** (Career and Life Management)
- **10 credits in CTS, Fine Arts, Second Languages, PE, or other approved courses**

Credit System:

- **Semester class = 5 credits**
- **Quartered class = 3 credits**
- By the end of Grade 10: approx. **41 credits earned**

NEW Grade 10 OPTIONS:

FAST TRACKING BIOLOGY

- The first opportunity is a Fast-Track Biology pathway for students entering Grade 10. Those accepted into this program will complete Science 10 in Semester 1 and Biology 20 in Semester 2. When students transition to Grade 11, they will be enrolled in Biology 30, providing them the advantage of completing a diploma-level course ahead of schedule. We also plan to group these students together for all three classes to create a collaborative learning environment.

ADVANCE PLACEMENT ENGLISH 10 and 20

- Our second opportunity is Advanced Placement (AP®) English for grade 10 and 11 students next year. This rigorous course allows students to earn university credit when they complete the grade 12 level. In addition to gaining valuable preparation for post-secondary academics, AP® courses stand out on university applications and provide students with a competitive edge during the admissions process.

MATH 15

- **Math 15** is a support course designed for students who would benefit from additional time to strengthen foundational math skills while remaining on the academic (-1/-2) mathematics pathway.
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- By taking Math 15, students "slow down" the content of Math 10C, allowing for deeper understanding and reinforcement of core concepts. Students will complete **Math 15 alongside Math 10C** to stay on track with the academic sequence.
- Students with a Grade 9 math mark between **50% and 70%**, or students who need extra time to develop strong mathematical foundations.

Grade 10 Options List:

- French Immersion
- Global Sport Academy
- Art 10, Drama 10, Performing Arts 15
- Cosmetology 10, Fashion Studies 10
- Foods 10, Photography 10, Rock Band 10
- Instrumental Music 10 (Band)
- Outdoor Education (Wildlife) 10
- Spanish 10, French 10 (FSL)
- Computer Science 10, Robotics 10
- Leadership 10, Sports Medicine 10
- Sports Performance 10
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Course Selection Due: March 17

Sample Student Schedules:

Regular Stream:

- Math, English, Social, Science
- PE/CALM
- 3 options per year

Student Schedule

Semester 1



Semester 2



French Immersion:

- Includes eSocial (Social Studies in French) & FLA (Français Langue Première)

Student Schedule - French Immersion

Semester 1



Semester 2



Global Sport Academy:

- Combines core subjects + GLOBAL periods replacing some options

Student Schedule - Global Sports Academy

Semester 1



Semester 2



Fast Track BIO:

- Students take **Biology 20** in Grade 10 along with regular courses

Student Schedule - FAST track BIO

Semester 1

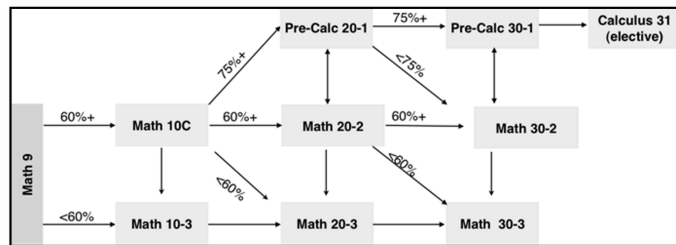


Semester 2

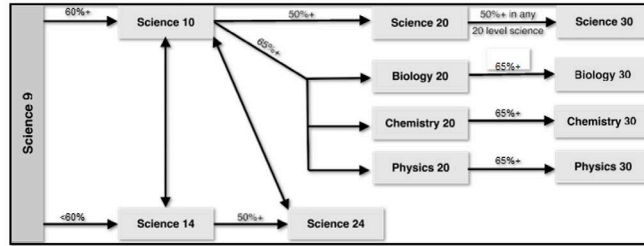


Core Subject Pathways:

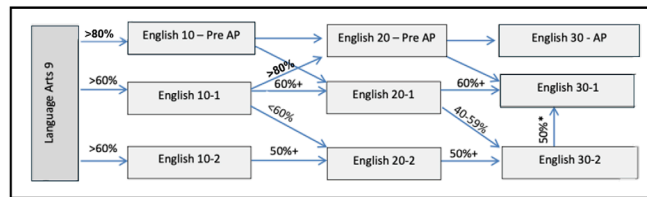
MATHEMATICS



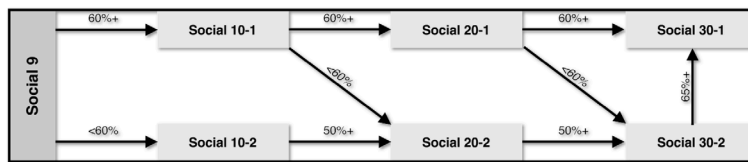
SCIENCE



ENGLISH



SOCIAL



Career Pathways:

- Guidance available from **Ms. Jill Wilhelm** and **Ms. Vivian Chen**

Ms. Jill Wilhelm



Ms. Vivian Chen



Communication Tools:

- **Safe Arrival**
- **Phoenix Flyer** (school newsletter)
- **Powerschool**
- **Website:** springbankhs.rockyview.ab.ca
- **Classroom digital platforms**
- **Direct contact:** Email or phone