



Grade 10 Course Request Form 2025-2026

Name _____

Date _____

Student Signature _____

Parent Signature _____

****Please check the boxes to indicate your selections****

Special Programs

<input type="checkbox"/>	French Immersion	Enroll in French Immersion Language Arts & Social Studies
<input type="checkbox"/>	Global Sport Academy	Must be accepted by the Global Sport Academy Group
<input type="checkbox"/>	Fast-track Biology 20	Application process to follow

Required Courses

Physical Education 10 / CALM

1	Select one 10 level English:	<input type="checkbox"/>	English 10-1 AP <i>(recommended 80% or higher in gr.9)</i>	<input type="checkbox"/>	English 10-1 <i>(recommended 60% or higher in gr.9)</i>	<input type="checkbox"/>	English 10-2 <i>(60% or lower in gr.9)</i>
2	Select one 10 level Social:	<input type="checkbox"/>	Social 10-1 <i>(recommended 60% or higher in gr.9)</i>	<input type="checkbox"/>	Social 10-2 <i>(60% or lower in gr.9)</i>		
3	Select one 10 level Math:	<input type="checkbox"/>	Math 10C <i>(recommended 60% or higher in gr.9)</i>	<input type="checkbox"/>	Math 15 <i>(between 50% and 60% in gr. 9. Students are also enrolled in 10C)</i>	<input type="checkbox"/>	Math 10-3 <i>(60% or lower in gr.9)</i>
4	Select one 10 level Science:	<input type="checkbox"/>	Science 10 <i>(recommended 60% or higher in gr.9)</i>	<input type="checkbox"/>	Science 14 <i>(60% or lower in gr.9)</i>		

Please print your 3 preferred options and 3 alternate selections below:

_____ Option 1

_____ Option 2

_____ Option 3

_____ Alternate 1

_____ Alternate 2

_____ Alternate 3

Total Credits: _____ **** Students in Grade 10 are required to take a minimum of 40 credits****

Please refer to the course offerings on the back side of the page.

Scan the Springbank Community High School QR code to view the 2025-2026 Grade 10-12 Course Planner:



**SPRINGBANK COMMUNITY HIGH SCHOOL
2025-2026 HIGH SCHOOL COURSE OFFERINGS**

GRADE 10	CR	GRADE 11	CR	GRADE 12	CR	ADVANCED	CR
English 10-1AP or 10-1 or 10-2	5	English 20-1AP or 20-1 or 20-2	5	English 30-1 or 30-2	5		
French LA 10-1	5	French LA 20-1	5	French LA 30-1	5		
Social 10-1 or 10-2	5	Social 20-1 or 20-2	5	Social 30-1 or 30-2	5		
French Social 10-1	5	French Social 20-1	5	French Social 30-1	5		
Math 10C	5	Pre-Calc 20-1	5	Pre-Calc 30-1	5	Math 31 (Calculus)	5
		Math 20-2	5	Math 30-2	5		
Math 15	5						
Math 10-3	5	Math 20-3	5	Math 30-3	5		
Science 10	5	Science 20	5	Science 30	5		
		Chemistry 20	5	Chemistry 30	5		
		Physics 20	5	Physics 30	5		
		Biology 20	5	Biology 30	5		
Science 14	5	Science 24	5				
Physical Ed 10/ CALM	6	Physical Ed 20	5	Physical Ed 30	5		
Art 10	5	Art 20	5	Art 30	5	Studio Art 35 AP	3
Computer Science 10	5	Computer Science 20	5	Computer Science 30	5		
Drama 10	5	Drama 20	5	Drama 30	5		
Cosmetology 10	5	Cosmetology 20	5	Cosmetology 30	5		
Fashion Studies 10	5	Fashion Studies 20	5	Fashion Studies 30	5		
Foods 10	5	Foods 20	5	Foods 30	5		
French 10 (FSL)	5	French 20 (FSL)	5	French 30 (FSL)	5		
Rock Band 10 (General Music)	5	Rock Band 20 (General Music)	5	Rock Band 30 (General Music)	5		
Instrumental Music 10 (Band)	5	Instrumental Music 20 (Band)	5	Instrumental Music 30 (Band)	5		
Learning Strategies 15	5	Learning Strategies 25	5	Learning Strategies 35	5		
Photography 10	5	Photography 20	6	Photography 30	6		
Outdoor Education (Wildlife) 10	5	Outdoor Education (Wildlife) 20	5	Outdoor Education (Wildlife) 30	5		
		Psychology 20	6	Psychology 30	6		
Robotics 10	5	Robotics 20	5	Robotics 30	5		
Spanish 10	5	Spanish 20	5	Spanish 30	5		
Global Sport Academy 10	5-10	Global Sport Academy 20	5-10	Global Sport Academy 30	5-8		
Sports Medicine 10	5	Sports Medicine 20	6	Sports Medicine 30	5		

Courses offered outside of the timetable

Grade 10	CR	Grade 11	CR	Grade 12	CR
Leadership 10	5	Leadership 20	5	Leadership 30	5
Media Arts 10	5	Media Arts 20	5	Media Arts 30	5
Sports Performance 10	5	Sports Performance 20	5	Sports Performance 30	5
		Robotics 20	5	Robotics 30	5